



Engaging students in practical skills & strategies: Communication, Collaboration, Critical thinking & Creativity

# Dare 2 Be Sensible

The Dare to Be Sensible project aims to enhance youth engagement and esteem amongst young people from migrant, refugee and mainstream communities, through the reinforcement of positive and practical social behaviours.

Using a range of social and educational tools, the Dare to Be Sensible program aims to engage young people in activities that are safe, healthy and promote sensible choices with regards to social behaviour.

Dare to Be Sensible comprises eight sessions focusing on what constitutes sensible behaviour in an adolescent's life. These sessions may include special guest speakers and excursions.

## For more information

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Sessions include:

1. Dare to be Sensible at School
2. Dare to be Sensible at Home
3. Dare to be Sensible at Work
4. Dare to Be Sensible with friends
5. Dare to Be Sensible online
6. Dare to Be Sensible with my wellbeing
7. Dare to Be Sensible with my Future
8. Dare to Be Sensible with a Difference

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**WORK**

  
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